



ET Nursing Education in Indonesia

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Enterostomal Therapist (ET) service in Indonesia was started in the 1990s. Initially, Indonesian nurses acquire training in ET nursing in programmes organized by neighbouring countries. In 2007, with the help of Australian ET nurses, the first WCET-recognized Indonesian ET Nursing Education Programme (known as InETNEP) was established. From 2007 – 2011, the InETNEP has provided training to more than 60 nurses and these graduates serve patients across the whole country.



Nowadays, ET nursing education in Indonesia has adopted a more systematic approach. The previous WOCARE clinic, which served as a training site for Indonesian ETs, has transformed into the WOCARE Centre for Education in Nursing

Care to cater the growing expectations for professional training. With the award of ETNEP scholarships from the Norma N. Gill Foundation, some of our students who experience financial difficulties are now able to pursue their studies at the Centre.



The WOCARE centre has also participated actively in establishment of the InWCCA (Indonesian Wound Care Clinician Association) and InWOCA (Indonesian Wound Ostomy Continence Association). These organizations provide a platform for nurses, doctors and other healthcare workers to exchange ideas and collaborate in various initiatives related to wound, ostomy and incontinence care.

In 2010, the Indonesian Cancer Foundation (YKI), Indonesian Ostomy Association (InOA) and InWOCA had successfully gained support from the Jakarta Governor in organizing the 6th Asian Society of Stoma Rehabilitation

(ASSR) Conference. This event gathers ostomates of Asian countries and healthcare professionals with particular interest in ostomy care and was an invaluable event to enhance ostomy care.



Meanwhile, we continue to raise public concerns for our patient population through different channels such as newspapers and radio broadcasting. In 2011, we have launched various campaigns such as “Socialization and ostomy care”, “Fatwa for Muslim ostomates”, “Travel cards for ostomates” and “the 10 Bills of Right”. The idea is to let the society understand more about colorectal cancers and stomal surgeries in order to promote acceptance of ostomates in the community.



Indonesia is a big country with a lot of small islands. The population is more than 250 million. Although there are more than 150 nurses trained in various specialties of wound, ostomy or incontinence care, this number composes of less than 0.5% of the healthcare workforce in the country and is far from meeting the service requirement. Besides, the group is scattered widely in different areas of the country. Recently, we have developed preparatory programmes on wound, ostomy and continence modules for students before they are admitted to the InETNEP. We hope it can better prepare them to take up the challenge of becoming an ET. As in other countries, we continue to march forwards in the journey of ET nursing.

Ms. Irma P. Arisanty was graduated from the first Indonesian ETNEP in 2007. Since then, she works for the WOCARE Centre as a full-time ET educator. She was awarded the Congress Travel Scholarship by the Norma N. Gill Foundation to attend the WOCN / WCET Joint Congress held in Phoenix, USA in 2010.

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